



Sides

Potato Salad	\$4
Mac N' Cheese.....	\$5
Collard Greens.....	\$6
w/ smoked Turkey	
Candied Yams.....	\$5
Cornbread.....	\$3
Cabbage.....	\$3
Festival (2pcs).....	\$3
Green Salad	\$7
Cesar Salad.....	\$9
Meat Lover Salad.....	\$11
Rasta Pasta	\$5
Mac Salad	\$5
Tuna Mac.....	\$6
Mashed Potatoes.....	\$7
Banana & Yam.....	\$7

Prices are subject to change without notice due to market conditions. Consuming raw or under cooked meat, poultry seafoods, shellfish, or eggs may increase your risk of food borne illness especially if you have certain medical condition. Please notify your server of any food allergies before ordering.

Drinks

Tru-Juice™	\$4
Tropical Rhythms.....	\$3
Ginger Beer.....	\$3
Jamaican Soda	\$3
Can Soda	\$2
Coconut Water	\$5
Water.....	\$2



Taste The Fusion
Spice & SOUL

1055 Blue Hills Ave,
 Bloomfield, CT 06002
 Located Inside Fresh Farms
 Market Grocery Store

860-483-1212
 1SpiceN.Soul
 SpiceNSoulCT@gmail.com



Spice & SOUL

Taste The Fusion



OPEN

7 DAYS A WEEK
 MON-SAT: 9AM-7PM
 SUN: 9AM-4PM

Lunch + Dinner

860-483-1212

1055 Blue Hills Ave, Bloomfield, CT
 (Inside Fresh Farms Market)



Lunch / Dinner

	S	M	L
Jerk Chicken.....	\$14	\$18	\$22
Curry Chicken	\$14	\$16	\$20
Brown Stew Chicken.....	\$13	\$16	\$20
Jerk Pork.....	\$15	\$19	\$21
Curry Goat.....	\$12	\$16	\$19
Pepper Steak	\$15	\$18	\$22
Chicken/Beef Chopsuey ...	\$13	\$15	\$18
Bully Beef & Cabbage.....	\$10	\$14	\$16
Ackee & Saltfish	\$16	\$19	\$22
Curry Shrimp.....	\$15	\$18	\$21
Pepper Shrimp.....	\$15	\$19	\$24
Soup	\$7	\$11	\$15
BBQ Chicken.....	\$13	\$17	\$20
BBQ Ribs.....	\$15	\$25	
Oxtail	\$17	\$25	
Fried Whiting		\$21	
Turn Cornmeal		\$15	
Curry Chickpeas.....		\$15	
Rasta Pasta w/ Salmon		\$20	
Escovitch Fish		\$25	
Steamed Fish.....		\$28	
Smothered Porkchops		\$20	
Chitlins		\$20	
Wings.....(6pc) \$14 (10pc) \$20			
Fried Shrimp Basket w/ Fries.....(6pc) \$12.95			
12pc: \$15.95, 15pc: \$20.95, 20pc: \$25.95			



Lunch and Dinner meals served with your choice of White Rice, Rice and Peas, Pumpkin Rice, Raw Vegetable, or Steam Vegetables.